



## **FOOD ELIMINATIONS**

**APRIL 15<sup>TH</sup> PARTIAL WEEK 1**

ELIMINATE ALL RED MEAT

**APRIL 19<sup>TH</sup> WEEK 2**

ELIMINATE PORK & FRIED FOODS

**APRIL 26<sup>TH</sup> WEEK 3**

ELIMINATE SODA, CAFFEINE DRINKS & ALL DESSERTS

**MAY 3<sup>RD</sup> WEEK 4**

ELIMINATE BREAD, DAIRY PRODUCTS & CANDY OF ALL SORTS

**MAY 10<sup>TH</sup> WEEK 5**

ELIMINATE ALL JUICES (JUST WATER)

**MAY 17<sup>TH</sup> WEEK 6**

ELIMINATE ALL MEATS ( NO FISH OR CHICKEN)

**MAY 24<sup>TH</sup> WE WILL CELEBRATE PENTECOST SUNDAY.**

WEAR RED THIS SUNDAY TO CHURCH SYMBOLIZES  
THE FIRE OF GOD & THE PRESENCE OF  
THE HOLY SPIRIT IN OUR LIVES.



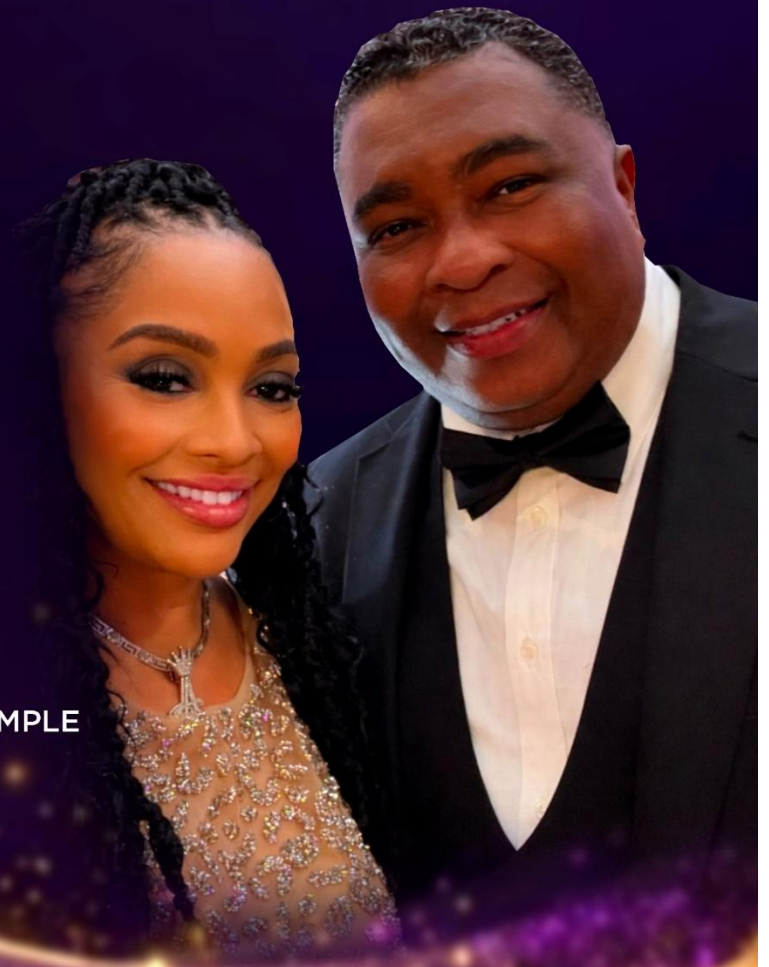
# 40 DAYS CONSECRATION & PRAYER

DR. JEROME A. TAYLOR &  
DR. ANTOINETTE GREEN TAYLOR

APR 15TH -  
MAY 24TH

HHIM CHURCH  
104 BEHRMAN ST  
MONCK'S CORNER, SC 29461

FREE GOSPEL DELIVERANCE TEMPLE  
1800 HAZELWOOD DR  
CAPITOL HEIGHTS, MD 20743





Launch Prayer ( to pray for totally commitment) Heavenly Father, I come before You in the name of Jesus. Thank You for Your mercy and for drawing me to Yourself. Today I dedicate these next 40 days to You. I present my life as a living sacrifice — my time, my thoughts, my habits, my plans — and I set them apart for Your will and Your purposes. Cleanse me where I have been unfaithful; give me a pure heart and a right spirit. Fill me with Your Holy Spirit. Give me strength to persevere, wisdom to discern, and courage to obey. Lord, remove every distraction and anything that would pull me away from intimate fellowship with You.

Teach me to pray, to listen, and to trust. Revive my love for Your Word and empower me to live it out. I ask for repentance where I have sinned, healing where I am broken, and boldness where I am fearful. Use these 40 days to renew my mind, reshape my desires, and align my life with Your kingdom. I commit by faith to pursue You each day. I believe You will work in me and through me, and I thank You in advance for the growth and fruit that will come. I dedicate this season to Your glory. In Jesus' name I pray. Amen.

Daily Confession (short declaration to repeat each morning or during prayer)

I am God's child; I belong to Him (Romans 8:16-17).

I present my body and life to God as a living sacrifice; I will consecrate these 40 days to Him (Romans 12:1).

I repent of sin and walk in the freedom of Christ; I am forgiven (1 John 1:9; Romans 8:1).

I will seek first God's kingdom and His righteousness (Matthew 6:33).

The Holy Spirit empowers me to pray, to obey, and to persevere (Ephesians 6:18; Galatians 2:20).

By faith I believe God is working in me and through me for good (Philippians 1:6; Romans 8:28).

I will run with endurance the race set before me, keeping my eyes on Jesus (Hebrews 12:1-2).



Scripture references to validate and support your commitment.

Joshua 24:15 — “As for me and my house, we will serve the Lord.”  
(A clear statement of personal commitment.)

Romans 12:1 — Present your body as a living sacrifice. (Foundation for consecration.)

1 Thessalonians 5:17 — Pray without ceasing. (Encouragement to persist in prayer.)

Matthew 6:33 — Seek first the kingdom of God. (Priority for the 40-day focus.)

1 John 1:9 — If we confess, God is faithful to forgive. (Confession and restoration.)

Romans 10:9-10 — If you confess with your mouth and believe in your heart, you are saved. (Power of confession.)

Galatians 2:20 — I live by faith in the Son of God. (Identity and dependence on Christ.)

Philippians 3:13-14 — Press on toward the goal. (Perseverance in spiritual growth.)

Hebrews 12:1-2 — Run with endurance, fixing eyes on Jesus. (Perseverance and focus.)

James 4:8 — Draw near to God and He will draw near to you. (Promise of intimacy.)

Isaiah 40:31 — Those who wait on the Lord will renew strength. (Hope for renewal.)

Ephesians 6:18 — Pray in the Spirit at all times. (Prayer dependence on the Holy Spirit.)

2 Chronicles 7:14 — If my people humble themselves, pray, seek God, and turn, God will heal the land.

EVERYONE PARTICIPATING IN THE FAST IS ENCOURAGED TO PRAY THE PRAYERS FROM THIS BOOK OVER THE NEXT 40 DAYS.\*





**THANK YOU FOR ANSWERING THE CALL. JESUS ENTRUSTED THE CHURCH WITH A MANDATE TO PRAY—AND NOW, TOGETHER, WE WILL OBEY. AS YOU COMMIT THE NEXT 40 DAYS TO FOCUSED, FERVENT PRAYER AND CONSECRATION, KNOW THAT YOU ARE ALIGNING WITH THE VISION GOD HAS GIVEN OUR HOUSE. YOUR PRAYERS WILL RELEASE DIRECTION, BREAKTHROUGH, AND DIVINE IMPACT—LOCALLY AND AROUND THE WORLD.**

**THIS SEASON OF INTENSE SURRENDER WILL CHANGE OUR CHURCH FAMILY AND SET IN MOTION GOD'S UNSTOPPABLE PLAN FOR OUR LIVES AND MINISTRY. BY HUMBLING OURSELVES, SEEKING HIS FACE, AND STANDING IN FAITH, WE WILL SEE HEAVEN MOVE AND HIS WILL MANIFEST ON EARTH.**

**WE ARE GRATEFUL FOR YOUR FAITHFULNESS AND PARTNERSHIP IN THIS HOLY LABOR. JOIN US WITH EXPECTANT HEARTS.**

**IN HIS LOVE AND GRATITUDE,**

*Dr. Jerome A. Taylor &  
Dr. Antoinette Green Taylor*